

## The FCE Results at LaBorde Therapy Center Include

- *Physical Demand Level*  
A Physical Demand Level is determined based on material and non-material handling abilities.
- *Material Handling*  
This system is able to determine proper material handling at occasional, frequent, and constant levels.
- *Heart Rate Profile / Fitness Profile*  
The patient's heart rate is monitored throughout the test. It is used to determine the patient's level of fitness and competitive test performance.
- *Strength Percentage Profile*  
The patient's strength is analyzed and then compared to NIOSH Norms of a healthy industrial database. A percentage is calculated that compares the patient's strength to this industrial database.
- *Fitness / Strength Comparison*  
The heart rate profile is compared to the strength profile. This allows the therapist to focus post-test recommendations.

The purpose of the work capacity evaluation is to collect reliable information regarding current vocational status and estimate potential status, determine consistency of effort and employability, and case resolution.

We measure the injured worker's ability to work from a perspective of strength, endurance, cardiovascular fitness, flexibility, speed, impairment, and motivation.

We would like to invite you for a tour of our clinic and FCE system. For information or answers to other questions regarding our FCE, contact, Claudia Barfield LaBorde, or any of our therapists.

**LaBorde Therapy Center**  
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*Claudia Barfield LaBorde OTR, CHT*

## Functional Capacity Evaluation

Reliable, Objective,  
Practical



[www.LaBordeTherapy.com](http://www.LaBordeTherapy.com)

### Director

Claudia Barfield LaBorde OTR, CHT

### Clinical Liaison

Julie Barfield BS, MEd.  
Sarah Sonnier BA

### Occupational Therapy

Claudia Barfield LaBorde OTR, CHT  
Jaime Mendoza OTR, CHT  
Chase Webre LOTR

### Physical Therapy

Kelly Ortego MPT, CKTP

### Speech Therapy

Julie Bock MCD, CCC-SLP



\*\*Spanish-speaking therapist available

## ***LaBorde Therapy Center Provides an FCE that . . .***

- ***Is Objective***  
It is based on published medical research with a bibliography of over 100 references.
- ***Embodies the professional value system endorsed by APA, APTA, NIOSH of Safety, Reliability, Validity, Practicality, and Utility.***
- ***Is Quickly Available for Review***  
Complete results and report within days of the completed FCE. Scheduling for testing can usually be done within one to two weeks.
- ***Determines if Full Physical Effort is Given***  
Evaluates an individual's level of **PHYSICAL EFFORT** through a combination of isometric, behavioral, and/or cardiovascular measures.
- ***Indicates Reliability of Client Reports***  
Evaluates the presence or absence of non-organic findings (findings typical of illness behavior rather than underlying physical disease) through a battery of tests including distraction-based testing, observations of ability / disability, and comparison of clients subjective reports of abilities to actual capabilities.
- ***Is Cost Effective and Time Efficient***  
Our test is done in one day, keeping the cost of testing low. Our test is designed to be efficient for the majority of patients. One to two day testing depends on needs of client & patient diagnosis.

## ***Specialized FCE's Are Available***

- ***Truck Drivers FCE*** – adds simulated vibration experienced by drivers.
- ***Hand / Upper Extremity FCE***  
This FCE is specifically designed for clients with upper extremity diagnoses. We include fine motor and sensory testing with specialized lifting tests.

## ***LaBorde Therapy Center Therapists . . . .***

- ***Are Trained and Experienced***  
LaBorde Therapy Center Therapists have received formal training in the WorkSTEPS© Functional Capacity Evaluation Certification Program.
- ***Are Committed to Communication***  
Your phone calls will always be returned and questions answered promptly.
- ***Are Established***  
Our Director, Claudia Barfield LaBorde has a 27 year record of excellence in the community.
- ***Are Easily Accessible***  
Located on Kaliste Saloom near the intersection of Ambassador Caffery and Kaliste Saloom.

## ***The Results of LaBorde Therapy Center FCE's . . . .***

- ***Help Answer the Following questions:***
  1. **Is the client able to return to his / her pre-injury job? If not, how many hours?**
  2. **Did the client give full and consistent effort during the FCE?**
  3. **Are the client's subjective reports reliable and consistent with objective findings?**
  4. **What is the client's maximum safe lifting capability?**
  5. **Determine recommendations for work restrictions or rehabilitation.**
  6. **Determine recommendations for reasonable accommodation for modified duty.**
  7. **What would help you resolve this case?**
- ***Are User Friendly***  
They are written in an easy-to-understand and easy-to-implement format which can be adapted for a particular company's needs.
- ***Are Backed by Research***  
Due to the amount of objective data and published research behind our FCE, we are able to reference this published research and support our test outcomes.

