



# LABORDE THERAPY CENTER

OCCUPATIONAL & PHYSICAL THERAPY



*Claudia Barfield LaBorde, LOTR, CHT—Director  
Proudly Serving Acadiana for Over 26 Years*

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## Infrared Therapy— The Next Generation of Therapy at LTC

Infrared light and visible light therapy have been around in the technology circles for many years now, but only in the last decade or so have their efficacies in therapy been fully known and applied. LaBorde Therapy Center, a pioneer for effective patient outcomes, has recently begun the use of both visible red light and pulsed infrared light therapies, using 2 different name brands: Anodyne and Health Light. These new tools—administered as part of a physical or occupational therapy plan of care with objective goals and progress measured toward those goals—has been shown to give favorable results towards the decrease in symptoms related to diabetic and non-diabetic neuropathies, swelling, wound healing, muscle spasms/trigger points, chronic pain, effects from chemo and radiation therapy, and aids in an overall increase in circulation and tissue perfusion where administered. This light therapy acts by 2 main methods: 1) it promotes the formation of nitric oxide to indirectly cause vasodilatation and angiogenesis, and 2) it indirectly causes an increase in

ATP production by causing more cytochrome activity in the mitochondrial chains. Both methods aid in providing a more favorable environment for healing of tissues, including that of the peripheral nervous system. Patients' progress is measured by subjective pain ratings, Semmes-Weinstein monofilaments, manual muscle testing, and/or Tinetti gait and balance assessments, depending upon the diagnosis and reason for referral. Frequency and duration shown to be most effective are 3x/wk for 6-8 weeks. So let the therapy team at LaBorde Therapy Center help to give your patients a normal life back—you and your patients will be glad you did!



Clockwise: Claudia LaBorde, LOTR, CHT; Jeff Mentel, MPT; Jill Hurley, LOTR, CHT; Jaime Mendoza, LOTR, CHT

### LTC Core Values

- Patient Education
- Advanced Treatments
- Compassion in healing
- Evaluations/Reporting

**Professional Members of ASHT/APTA, SWLCA and LMGMA**

## Physical Therapist Jeff Mentel



Jeff Mentel, MPT

In May of 2006, Jeff joined LTC bringing a diverse background in Physical Therapy as well as other areas. He has an Associate of Science Degree, a Bachelor's Degree in Zoology, and a Masters of Physical Therapy from the Health Sciences Center in Shreveport, and a Linguistic Certificate in Czechoslovakian. His experience in Physical Therapy includes the opening and management of an outpatient clinic in Crowley, running an outpatient Physical Therapy clinic in Welsh, and working in numerous capacities for a Physical Therapy clinic in Jennings. He has conducted in-patient, out-patient, and acute care, physical therapy evaluations and treatment for patients of all ages and diagnoses,

coordinated patient care with physicians, nurses, other therapists and patients' families, and has served as a clinical instructor for physical therapy students. He is currently working on Manual Therapy certifications in Mulligan, Paris and McKenzie techniques. **Some areas of special interest and experience are: Gait disturbances, ACL/MCL injuries and other pathologies, Total Knee, Total Hip and Total Shoulder replacement therapy, CVA's, Debilitation connected to prolonged hospital stays, Positional Faults of the foot, knee, hips, back, neck and shoulder (most extremity and spinal joints.) and Plantar Fasciitis.**

In the U.S. Army he served for 4 years as a Psychological Operations Specialist, and as a paratrooper and linguist,

where he learned the Czech language and acted as translator. One of his duties was to transport soldiers to and from Physical Therapy for airborne-related injuries.

Jeff won the National Championship in Gymnastics with the American Tumbling and Trampoline Association in 1991 and coached gymnastics for 4 years. He has supported various health-related charities such as Walk for Life, Susan B. Komen Race for the Cure and other 5K and 10K races. His hobbies include fitness, outdoor recreational activities, church, family and friends and traveling.



### 😊 Patient Satisfaction

"The staff and their knowledge was impeccable. I give LaBorde Therapy Center an A+." (Annette)

"I was very impressed with everything- it is nice to be pain-free!" (Sandra)

"Excellent, wonderful staff and wonderful treatment. I did not realize there was help for me." (Jennifer)

"Very positive and helpful experience." (Robert)

## Gifts of Giving and Gratitude



Campers from "I'm Still Me," the Louisiana Burn Camp.

LaBorde Therapy would like to thank the community for all the years of support.

In addition we encourage and build awareness for several causes. LTC sponsored events and staffers volunteered at the 2006

Games of Acadiana, benefiting the Miles Peret Cancer Center, a non-profit organization serving the needs of cancer patients and their families. For more information go to: <http://www.milesperretcenter.org/default.asp> For the 2007 Games information please

call 1-337-984-1920 or go to: <http://www.gamesofacadiana.org/Contacts/ContactUs.asp>

In addition, Claudia collaborated with colleagues to raise over \$5000 for the Louisiana Burn Camp. Proceeds allow children and teens who have suffered severe burns, to enjoy a week of camp-style fun, taking them away from the rigors of the emotional and physical challenges they face following such injuries. For more information on the camp or how you can help please visit: <http://www.campimstillme.com/AboutTheFoundation.htm>



Former Burn Patient "James" presents a check to Amy Domingue, MSW, Louisiana Burn Camp.

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